**Discussion questions for DO YOU STILL TALK TO GRANDMA?**

1. First, a show of hands: Who in the group has a “problematic” loved one in his or her life? In what ways does this book resonate for you?
2. How, if at all, can Do You Still Talk to Grandma? help you navigate the challenging issues within your relationship(s)? You may wish to cite certain examples from the book—or, if you feel comfortable sharing, your own life.
3. Brit Barron emphasizes the importance of communication within families, communities, and within the workplace. Talk about what it takes to exercise empathy in today’s ever-divided world. What strategies do you use to keep an open mind and heart?
4. Does *D*o You Still Talk to Grandma? help you to identify what your values are—and how to live in accordance with them? If so, how?
5. Setting boundaries is a key topic in the book. What is your biggest takeaway about how to create space for yourself? You may choose to discuss what challenges you face in feeling—and making others feel—seen in the process.
6. Barron discusses her parents' divorce and being part of a faith community that did not support marginalized groups. Did any of her stories hold special meaning for you, and why? You may choose to share your own as well.
7. How does Do You Still Talk to Grandma? address today’s pressing themes of identity, intersectionality, and inclusivity? Are there any other "third rail" topics that you wish to talk about that weren’t covered in this book?
8. If you had one question for the author—from her own personal history to researching and/or writing *D*o You Still Talk to Grandma?—what would it be?